



# STOP PERFORMING & START LEADING WITH YOUR TRUTH

Guided Integration Worksheets  
to Reclaim Your Potency

RUBY  
FREMON

## INTRODUCTION

# THE 8 PRINCIPLES OF POTENT LEADERSHIP

**INTENTIONS CAN HELP GUIDE A JOURNEY. WITH THAT SAID, WHAT INTENTION ARE YOU SETTING FOR THIS TRAINING, AND WHY IS THIS IMPORTANT TO YOU?**